



Discover the Difference:

Davis[®] Method Programs – Autism, Concepts for Life, ADHD, Math & Dyslexia

For adults and children



At Davis, our founding principle is to help neurodivergent individuals to participate more fully in the life they choose – and our clients have seen first-hand how our programs do just that.

The programs Davis offers are:



Davis Autism Approach®



Davis® Mastery for Attention



Davis® Stepping Stones



Davis® Mastery for Dyslexia



Davis Concepts for Life®



Davis® Mastery for Math



Davis Concepts for Life® –
Early Years



Davis® Foundations for Reading

Discover the difference Davis® can make

With a global network of expertly trained, licensed practitioners, we deliver innovative and highly effective programs for clients of all ages – from 5 to 95! Our facilitators are providing one-on-one solutions for neurodivergent thinkers as well as resources and training to support parents at home and educators in the classroom.

All around the world, in over 40 countries and using 30 languages, Davis programs are making a difference every day. We're passionate about empowering neurodivergent individuals who experience difficulties with their learning and in their life, by providing the personalized support they need to understand what's holding them back – and how to break through those barriers.

Whether you or your child struggles with ADHD, autism, dyscalculia, dysgraphia, dyslexia, dyspraxia, or executive function difficulties, we are experts who understand neurodiversity 'from the inside' and can help you realize the true potential within.

Disorientation - A Natural Talent

Disorientation is one of Ron Davis' most important discoveries and is understood in the Davis Method as both the root cause of dyslexia and related neurodivergent learning differences and a powerful perceptual talent.

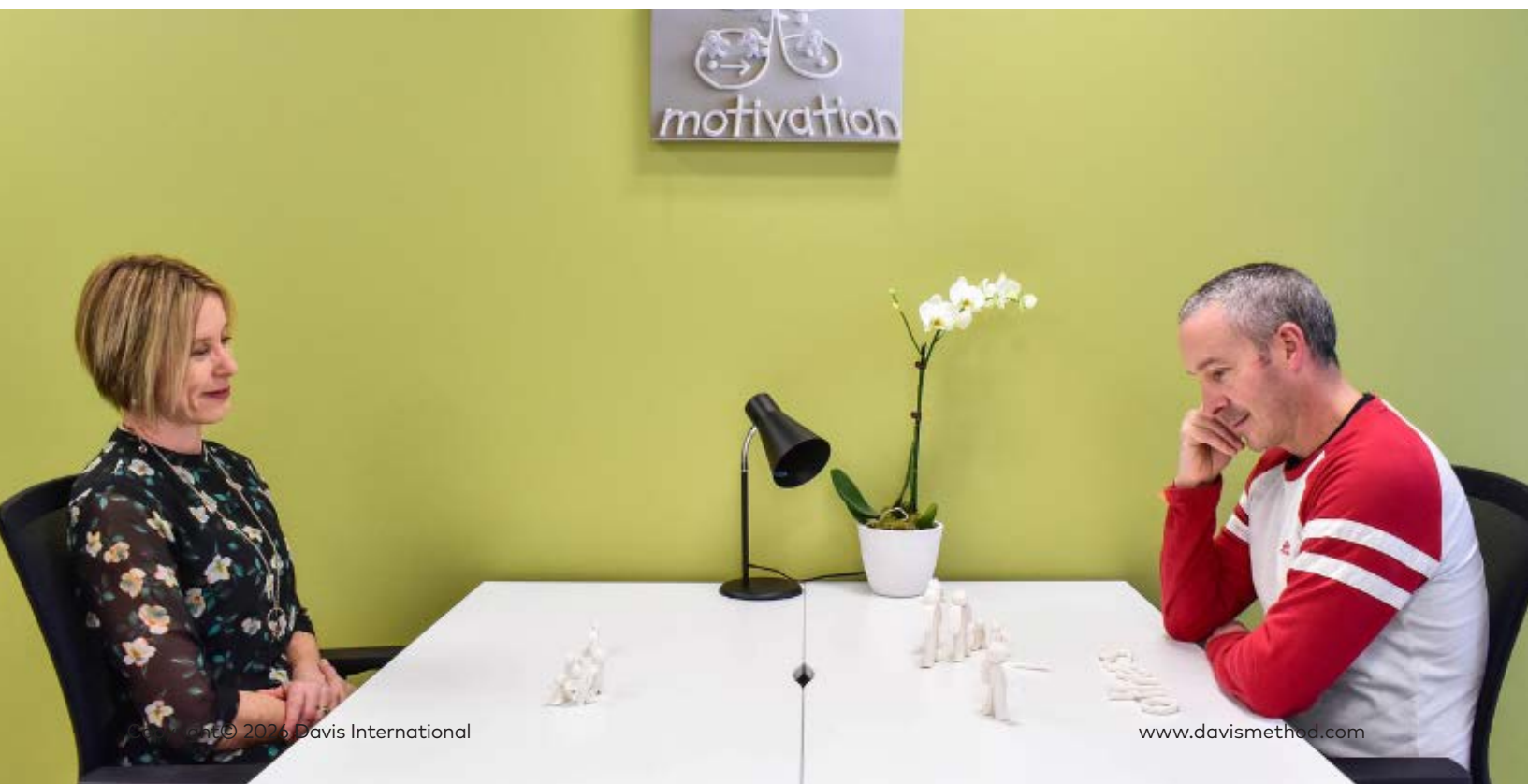
If you're neurodivergent, you may naturally use disorientation to think creatively, solve problems, and understand the world in rich, multidimensional ways. This unique way of thinking is a remarkable strength. However, when disorientation continues for too long or happens without your awareness, you may no longer be accurately oriented to the physical world. As a result, your perception of vision, balance, movement, time, and spatial awareness can become distorted, creating challenges with reading, math, attention, executive functioning, and everyday life skills.

While many mainstream interventions focus on managing symptoms or building compensatory strategies, they often do not recognize or address disorientation itself as a contributing factor.

The great news is that each Davis program allows you to develop a strategy for recognizing disorientation and turning it off or on as the situation requires it to make best use of this perceptual talent.

Picture Thinking – A Gift

It is widely accepted that people think in predominantly two ways: verbally, with internal dialogue, and nonverbally, with pictures. If you're neurodivergent, you are often a stronger nonverbal (picture) thinker. Your multidimensional thought process is similar to a movie, creating a wonderful and creative inner world and imagination, but making 2-dimensional symbols, words, numerals, and their sounds more challenging to process. This can lead to many of the misunderstandings and mistakes associated with dyslexia and dyscalculia. It also plays a role in the characteristics of ADHD, executive functioning, and autism.



Verbal vs Nonverbal thinking

Picture thinking (nonverbal thinking) is fast, multidimensional, and can feel quite real to those who experience it. Processing at the rate of 32 frames/second, picture thinking is estimated to be up to 2,000 times faster than verbal thought, which flows at about the same speed as speaking.

The old adage, "a picture is worth a thousand words," is a great example to explain why "translating" your thoughts into words can be so tedious and difficult.

Thinking predominantly in pictures can actually give rise to your natural gifts and talents and enable you to excel with creativity, problem-solving, visual-spatial tasks, pattern recognition, building/engineering, and more. Have you ever considered, however, that that same talented thinking style could be the same thing that leads you to the tendency to lose track of time, get lost in processing, or get distracted from the actual task at hand?

We call this disorientation, and it is at the root cause of the symptoms and frustrations that our clients experience frequently. Disorientation, although highly effective for some things, can disrupt your ability to learn, process information, and makes fitting in with the demands of the neurotypical world challenging.

When disorientation can be controlled, picture thinking is a superpower. Davis provides you with simple tools to orient yourself mentally, allowing the frustrating symptoms experienced to be resolved, and gives you the best of both worlds: the ability to shift into focus whenever you need to, and to switch back to your picture thinking at will.



A verbal thinker hears or sees the word cat and thinks about the idea of a cat or the actual word. This kind of thinking works very well for reading, writing, listening, or speaking.



A picture thinker hears or sees the word cat and immediately sees, and perhaps hears a cat. This kind of thinking can be a great advantage when using imagination, problem solving, or for figuring out how things work.

The core strategies in every Davis program

Every participant in every Davis program is facilitated to develop tools for self-awareness, nervous system regulation, and self-management. Using the Davis tools, clients can put themselves in the best possible physical and mental condition for learning, communicating, focus and being present. With that awareness, clients are then guided to recognize their disorientation. With a quick mental shift, they can be back to an oriented state whenever they need or want to be without the use of stimulant medications.

Orientation

Orientation Counseling is the first step in any Davis program. It enables clients to turn off the disorientation and the perceptual distortions that cause confusion and dysregulation.

Release & Dial

Release is a simple but effective breathing technique to calm the nervous system and release tension and frustration from the body and mind. Dial is another Davis "tool" which helps individuals self-regulate and control energy levels that can be problematic if not aligned with the task at hand.

Koosh® Balls

Koosh® Ball Exercises quickly help build endurance with focus and attention, enabling them to remain oriented for longer periods of time. Balance, hand-eye coordination and confidence with orientation all improve rapidly. It is also an effective way to bring kinesthetic, spatial and body awareness.

Clay

The other Davis difference is the signature medium we work with – **clay!** This multisensory, engaging, and fun learning tool allows abstract ideas and word meanings to come into form, where they are tangible and can be fully understood. Using their own creations, clients resolve confusion, release emotional triggers, and full mastery takes place. Previous confusion with symbols in math, literacy or handwriting dissolves away and are replaced with foundational understanding that can be built upon.

Clay is also used to master and explore abstract life concepts in the Davis programs for ADHD, dyscalculia, autism, and executive functioning. Working with clay allows any missing or 'fuzzy' concepts to become concrete. Once the concepts are in place, individuals are better able to make sense of the world they live in, predict outcomes, remove the chaos, and participate fully in the life they choose.

Exploration

All learning in a Davis program is related to real life experiences. This ensures a client is not just learning in theory – it is identified, experienced and implemented in their physical world.



Davis Autism Approach[®]

If you're autistic, you've probably spent a lot of your life being told what you can't do, or being pushed to fit a mold that was never built for you.

If you're a parent, you've probably tried interventions that treat behaviors without understanding what's actually going on.

Because the Davis Autism Approach[®] was created by an autistic person, it starts from a different place.

The program works in three stages: first, building self-awareness and the ability to regulate focus, stress and energy. Next, working through fundamental life concepts that may never have been fully understood; things like **change, consequence, thought, energy, emotion, intention, motivation** and **responsibility**. Finally, exploring relationships and social connection, not by learning scripts, but by genuinely understanding relationships, emotions, and how thoughts connect to actions.

It's delivered one-on-one, at the individual's pace.

Detailed information about the Autism Approach program [HERE](#)



"What inspired me to help others with autism is that I am myself autistic. I know what it feels like and I know the limitations that exist as a result of it. I realized that, given I had found my own way through this chaos (of autism), I could provide a 'map' for others of my kind to follow – then there would be value in my existence. The Davis Autism Approach is my best effort at providing that map."

Ron Davis

Founder, Davis Autism Approach

Benefits of the program

These are some of the most common positive changes experienced by our clients, and which have also been confirmed through independent research:

- **Improved wellbeing.** Greater self-awareness, better boundaries, less anxiety and overwhelm. Increased sense of safety. More tools to manage yourself day-to-day, with fewer sensory overload episodes and meltdowns.
- **Stronger relationships.** Navigate daily interactions and relationships without having to rote-learn behaviors or social scripts.
- **More resilience.** Greater flexibility of thinking, capacity to cope with change and willingness to try new things.
- **Control over your own life.** Learn how to effortlessly create change and order, and take responsibility for your life. Gain a sense of control and clarity.

Detailed information about the Autism Approach program [HERE](#)



"The biggest positive change that I have noticed within me ever since I completed the program is the fact that I have been able to gradually emerge from the 'netherworld' of autism with a tremendous amount of self-confidence. I have been discovering my essence as an autistic individual."

**Albert Calleros, Davis Autism Approach® client, age 47
USA**



Davis[®] Stepping Stones

When your child or loved one is non-speaking, or very young and autistic, it can feel like the gap between you is impossible to close. You want to connect. You want to understand their world. But knowing where to start is genuinely hard.

The Davis[®] Stepping Stones program was built for young autistic children (under 8), and for non-speaking autistic individuals of any age.

The program doesn't try to change who your loved one is. It starts where they are, with activities built around their interests, working at their pace. A Davis facilitator guides them to build a sense of self, develop awareness of the world around them, and begin to grasp fundamental concepts like **change**, **cause** and **effect**, **before** and **after** through demonstration and real-world exploration.

You're part of the process throughout. The goal is for your whole family to feel more connected.

Detailed information about the Stepping Stones program [HERE](#) 



Benefits of the program

Clients who have completed the program have experienced many positive changes. These are some of the most common results Davis Autism Facilitators see in their clients, which have been confirmed through independent research:

- > Better self-awareness (e.g. expressing appropriate pain when injured)
- > Improved self-regulation
- > Fewer meltdowns
- > Less resistance to change
- > Willingness to try new things
- > Increased ability to refer to self as 'I' or 'me'
- > Increase in pretend play
- > Growth in language
- > Increased understanding of cause and effect
- > More able to follow instructions using the ideas of before and after
- > More willing to interact with others

"Simply put, the Davis therapy has allowed us to meet our son for the very first time. We thank God every day for answering our prayers by introducing this program to our family."

Daniel and Sara, parents, USA

Detailed information about the Stepping Stones program [HERE](#)





Davis Concepts for Life®

Some challenges don't come with a diagnosis. You just know that life feels harder than it should, for you, or for your loved one. Relationships that don't stick. Motivation that runs dry. Time that slips away. Knowing what to do but not being able to make it happen.

The Davis Concepts for Life® program addresses the root of this: missing or misunderstood foundational concepts that shape how we understand ourselves and the world. Things like ***change, consequence, time, order*** and ***responsibility***. For many people, these concepts never fully formed, not through lack of intelligence or effort, but because of how they process the world.

Working one-on-one with a Davis facilitator, you or your child works through a series of life concepts using clay modeling and real-life exploration, at the client's own pace. The result is genuine understanding, not coping strategies.

When those missing pieces click into place, daily life starts to make sense in a way it never quite did before.

Detailed information about the Concepts for Life program [HERE](#) 



"Our life has been forever changed thanks to the Davis Program."

**Mary Martin, Mother & now a
Davis Concepts for Life Facilitator**

If your life is filled with challenges like these... the Davis Concepts for Life program can help!

- > Reduced focus
- > Disorganization
- > Overwhelm
- > Anxiety and stress
- > Struggle to form or hold relationships
- > Poor time management
- > Avoidance of responsibility
- > Lacking motivation

Benefits of the program

Clients who have completed the program have experienced many positive changes. These are some of the most common results Davis Concepts for Life Facilitators see in their clients, which have been confirmed through independent research:

- > A clearer sense of self and what drives you
- > Better relationships, without having to mask or perform
- > Improved motivation and follow-through
- > Greater organization and time management
- > Reduced anxiety and overwhelm
- > A stronger sense of control over your own life

Detailed information about the Concepts for Life program [HERE](#) >



"It feels easier to be me."

**Davis Concepts for Life client
New Zealand**



Davis Concepts for Life® – Early Years

If you have a young child who struggles with big emotions, resists change, or finds it hard to play with others, you're probably exhausted, and you've probably heard a lot of "wait and see."

The Davis Concepts for Life® – Early Years program takes a different approach. Rather than managing behavior, it addresses the root of it: the fundamental life concepts young children need to make sense of the world: **change, before and after, cause and effect, and consequence**. When these are missing or unclear, daily life becomes unpredictable and overwhelming for your child, and for your whole family.

You don't need a formal diagnosis to access this program. If neurodivergence runs in your family or if something doesn't feel right, that's enough reason to explore it. The program supports any child aged 5–7.

Working one-on-one with a Davis facilitator, your child explores concepts through clay modeling and hands-on activities matched to their interests. You're involved throughout, gaining tools to support your child at home long after the program ends.

Your child might be experiencing:

- > Big emotions or frequent outbursts
- > Difficulty with change or transitions
- > Finding it hard to share or play with others
- > Anxiety or frustration
- > Lack of focus or attention

Detailed information about the Concepts for Life – Early Years program [HERE](#) >

Benefits of the program

Your child gains a framework for understanding the world — including why things change, what happens next, and how their actions affect others.

- > Fewer meltdowns and emotional outbursts
- > Easier transitions between activities and routines
- > Stronger social skills built on genuine understanding
- > Calmer family life overall
- > You leave equipped with practical tools, not just information

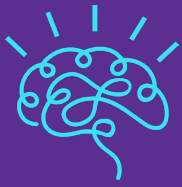
Detailed information about the Concepts for Life – Early Years program [HERE](#)



"The program gave us ways of questioning the 'hows' and 'whys' of difficult concepts, events and situations, and began to give my daughter both a sense of independence and ability to relate to others. Our facilitator was incredibly patient and allowed us to explore the content of sessions rather than direct us to a particular outcome."

Mother of Davis Concepts for Life client





Davis® Mastery for Attention

ADHD isn't about a lack of effort or intelligence. Most people with ADHD are trying harder than anyone realizes. The Davis® Mastery for Attention program starts from that understanding. Rather than teaching you to work around ADHD, this program addresses what's driving it: the disorientation that affects time perception, energy regulation, and the ability to stay present and on task. Once you understand that, and have practical tools to manage it, the picture changes significantly.

This is a one-on-one, medication-free program for anyone over the age of 8. It works equally well for someone who's been diagnosed for years and someone who's only just starting to connect the dots.

Your facilitator builds the program around your specific situation, goals, and challenges, not a generic ADHD checklist. For parents seeking support for a child or teenager, your facilitator will advise on the most appropriate approach based on your child's age and needs.

Benefits of the program

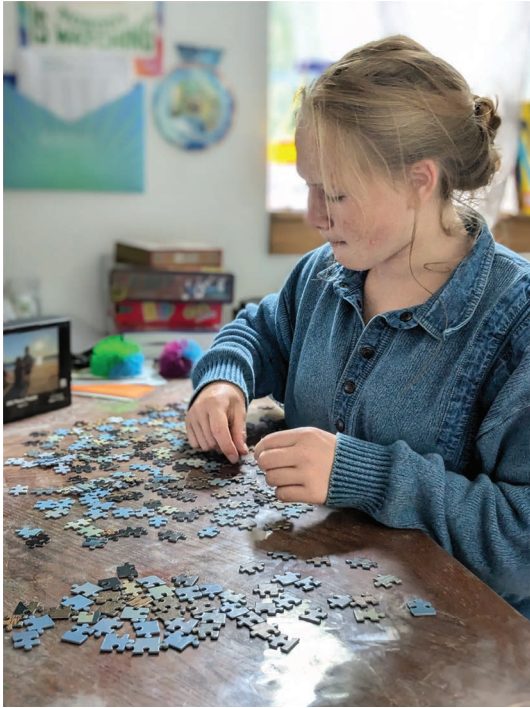
Whether you're a parent supporting a child who struggles with school, friendships, or executive functioning; a student striving to reach your academic goals; a professional looking to advance your career; or simply seeking greater ease, clarity, and self-control in your daily life, you're in the right place. With Davis, you can discover and develop your neurodivergent strengths, allowing them to work FOR you, rather than against you.

With our experienced facilitators and proven techniques, you'll learn how to:

- Understand the root cause of ADHD-related difficulties and how to utilize your gifted way of thinking
- Learn simple mental techniques to quiet your mind, regulate your nervous system, and be able to focus your attention - without the need for medication
- Reduce stress, anxiety, overwhelm and frustration
- Discover how your energy levels affect time perception and learn how to match them appropriately to your activities
- Elevate your self-esteem, confidence, and motivation
- Overcome challenges related to time management and organization
- Develop and implement skills to effectively plan, execute and complete tasks
- Improve your relationships with others
- Create and establish order in any area of your life or environment
- Embrace your strengths, achieve your goals, and gain control over outcomes

Detailed information about the Davis Mastery for Attention program [HERE](#) ➤

We understand how frustrating it can be to struggle with poor organizational skills, poor handwriting, difficulty completing projects, time management, poor executive functioning skills or clumsiness. The Davis® Mastery for Attention program includes Davis concept mastery techniques that get to the root of these difficulties with full mastery and exploration of concepts such as... self, change, consequence, time, sequence and order.



Disorder



Order

Detailed information about the Davis Mastery for Attention program [HERE](#) 



Davis® Mastery for Dyslexia

The Davis® Mastery for Dyslexia program is a transformational learning experience. If you are dyslexic, this program embraces your unique and wonderful ways of thinking and perceiving. It brilliantly utilizes your perceptual strengths to overcome the challenges caused, ironically, by that same creative way of thinking.

We understand that dyslexia is not about trying harder - at the root of dyslexia is disorientation: a double-edged sword that gives rise to the gifted thinking style AND the challenges with reading,

Disorientation and Nonverbal (Picture) Thinking

Dyslexic individuals are typically nonverbal thinkers. Thinking in multidimensional pictures enables you excel with problem-solving, imagining, inventing, engineering, and creativity. However, it doesn't fit the structure of language and can quickly result in distorted perception of words and symbols. Most of the symptoms of dyslexia are a direct result of disorientation and "trying harder" just makes it worse.

Disorientation **is not useful** when you are working with written words, letters and numbers, and it can commonly result in frustration, reversals, additions, omissions, confusion, mistakes, visual distortions, and sometimes even dizziness and nausea. For example, when you mentally rearrange the word "teapot," it can create more confusion, errors, and frustration. In contrast, a real-world teapot is still easily recognized regardless of its orientation.

teapot

feapot

tabpot

teoqot

teobot

teaqot

teapot

taoqot

teadot

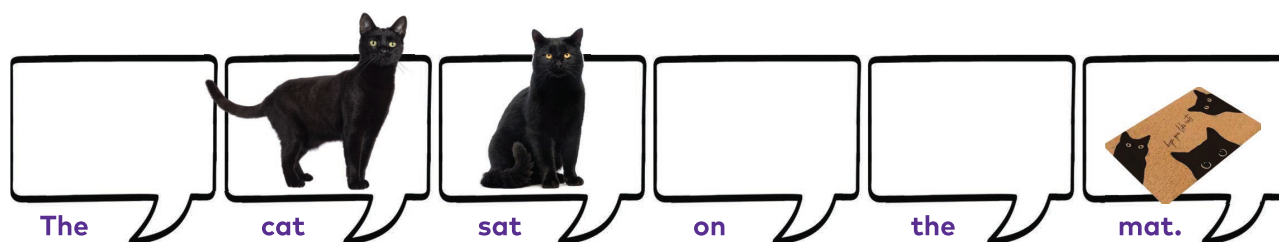


Detailed information about the Davis Mastery for Dyslexia program [HERE](#)



Disorientation and Reading

If you're dyslexic, understanding what you read depends on being able to create a mental picture. Words that can be pictured or experienced are easier to process, but abstract words without a picture interrupt the flow of understanding. Each time you come across one of these pictureless words, it creates a subconscious blank in the overall mental picture. As those blanks accumulate, understanding begins to break down. Reading becomes slow and laborious, often requiring you to re-read passages to fill in the missing information. This loss of understanding quickly leads to disorientation, confusion, and mistakes.



In the Mastery for Dyslexia program, the 'blanks' are filled by mastering previously confusing or abstract words. Davis reading strategies use the power of your picture thinking and build word recognition, spelling awareness, and full comprehension.

Using the multisensory medium of clay, you can make those words stick by creating a complete understanding of what abstract words look like (spelling), sound like (pronunciation), and mean (definition). By filling in those blanks with a picture, you can now process those abstract/high frequency words that are at the root of disorientation as easily as words like cat, sat, and mat. The more abstract words you mastered, the easier reading gets.

Benefits of the program

- > Improve reading, writing, handwriting, and spelling
- > Increase focus and self-regulation skills
- > Understand the root cause of dyslexia
- > Overcome reading challenges and build confidence
- > Cultivate effective strategies for comprehension and retention (not memorization)
- > Eliminate the symptoms of dyslexia and dysgraphia
- > Elevate self-esteem and motivation
- > Discover the ease and joy of learning with strength-based techniques that fit your unique thinking and learning style

Detailed information about the Davis Mastery for Dyslexia program [HERE](#) >



Davis® Mastery for Math

Difficulty in understanding or working with math is sometimes referred to as dyscalculia, and it typically comes from missing or misunderstood information about the foundational concepts and symbols of math. When a few early building blocks are unclear or absent, everything you try to build on top of them can start to feel unstable or confusing.

Davis® Mastery for Math addresses this directly. Rather than having you drill facts and procedures, the program takes you back to the foundations, using clay modeling to make abstract symbols, quantities, and mathematical concepts genuinely concrete and understandable. When you master a concept rather than memorize it, it tends to stay with you.

The program is designed for children, teenagers, and adults who find math confusing, anxiety-inducing, or difficult to retain. It is delivered one-on-one by a trained Davis facilitator, either in person or online.

Detailed information about the Davis Mastery for Math program [HERE](#)



Benefits of the program

- > Gain genuine understanding of number and quantity - not just memorized rules that fall apart under pressure
- > Reduce math anxiety - including the overwhelm, avoidance, and low self-esteem that can often come with it
- > Improve performance on tests and written work - including the ability to show your work
- > Master the concepts of time and sequencing - skills that transfer well beyond math
- > Build confidence with word problems and math vocabulary
- > Leave with a foundation to build on - because mastered concepts don't need to be relearned

Detailed information about the Davis Mastery for Math program [HERE](#) >



"After the Davis program my child has been able to take more tests and exams with less stress and anxiety - and is succeeding with high marks. The results have been astronomical and I cannot recommend my facilitator and the Davis program enough."

**Mother of teen,
Davis® Mastery for Math program.**

Characteristics of Dyscalculia

- > Transposition of numerals
- > Frequently misread math operators, rendering the incorrect answer
- > Difficulty with connecting the conceptual aspects of math with real-world application
- > Frustration with following a sequence or multi-step formula or tasks requiring rote memorization
- > Difficulty "showing work"
- > Uncertainty between the symbols and the amounts they represent
- > Does not test well, particularly on timed tests
- > Difficulty with 'word' problems, math vocabulary, and recalling math facts and rules
- > Trouble with time and time management
- > Loss of focus when faced with numerals and calculations
- > Feelings of overwhelm and anxiety with mathematics
- > Low self esteem

Detailed information about the Davis Mastery for Math program [HERE](#) >



"In a math problem, there are always three pieces of information. Two pieces are given. Doing math is simply finding the third piece of information."

Ronald Davis, Davis Math Mastery Program creator

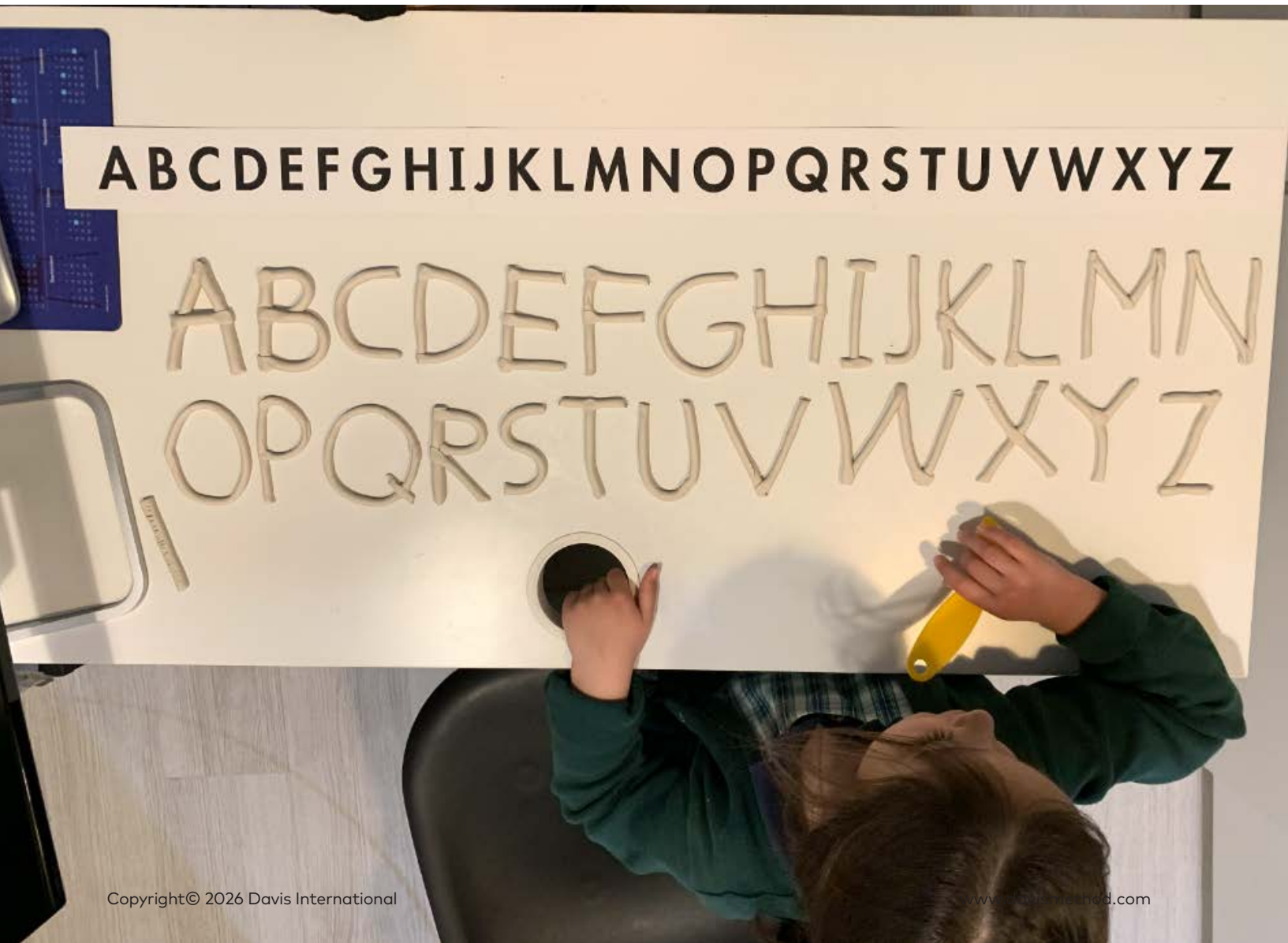


Davis® Foundations for Reading

The Davis® Foundations for Reading program is designed to equip young children (aged 5-7) with the essential skills to master letters and sight words that underpin reading fluency and comprehension. While this program can help any learning style, it is especially valuable for young children at risk of developing learning difficulties. You may consider this foundational program if neurodivergence runs in your family or if there is early struggle with identifying letters.

We understand the vital role that parents and family members play in a child's learning journey. That's why we involve you in the process. We provide you with hands-on training and guidance to ensure that you are equipped to understand and support your child's future learning.

Detailed information about the Davis Foundations for Reading program [HERE](#)



Early Characteristics of Possible Dyslexia in Young Learners (Ages 5–7)

> **Cognitive and Learning Clues:**

Your child may have trouble learning the alphabet, letter names, or letter sounds. They might struggle to recognize or produce rhymes and have a slow-growing vocabulary. Word retrieval can be difficult, and they may have trouble remembering sequences like the days of the week or steps in a task. Some also show difficulty learning to count or recognizing number patterns.

> **Speech and Language Indicators:**

Speech may have been delayed in early development. Your child might mispronounce longer or unfamiliar words, such as saying "aminal" instead of "animal." They may also have difficulty following multi-step verbal instructions.

> **Motor and Directional Clues:**

They may confuse left and right, and fine motor skills such as holding a pencil or tying shoes may be delayed or awkward.

> **Reading and Writing Red Flags:**

Your child may avoid reading or writing activities. They might struggle to recognize or write their name consistently, reverse letters like b and d or p and q, and have difficulty learning basic sight words such as "the," "and," or "was."

> **Other Indicators:**

Many children who benefit from the Davis Foundations for Learning Program have strong creative or imaginative thinking. They may be especially good at spatial reasoning or puzzle-solving. Some appear easily distracted or prone to daydreaming. A family history of dyslexia, ADHD, or other learning differences is often present.



"My 7 year old was struggling with reading and having difficulty keeping up at school. The program transformed her reading journey and helped her not only able to read but to actually enjoy it. Our facilitator was gentle and patient and made the whole experience positive."

Mother of Davis® Foundations for Reading client. Spain

What happens next?

No matter which program(s) you resonate with, the next steps are the same. Join us as we guide you through each stage of your journey with Davis. We encourage you to ask as many questions as you'd like along the way, ensuring you feel empowered and confident that Davis is the right fit for you.

1. Find a facilitator

Davis Facilitators are fully qualified and licensed by Davis to deliver personalized learning programs for reading, writing, math, attention, self-regulation, autism and executive functioning. They may specialize in working with children or adults or both. Start by connecting with facilitator at <http://davismethod.com/facilitator>. Typically, a phone conversation is the first step.

2. Initial Assessment

If what you hear resonates, **schedule an Initial Assessment** meeting (in person or online).

Note: For many Autism program assessments, this stage is covered in two meetings (if appropriate to your situation) - first with a family member, then with the autistic individual themselves.

3. Recommendations

At or following the Initial Assessment, your facilitator will:

- Determine whether Davis is suitable for you and your situation
- Recommend which program is best for your needs
- Indicate appropriate next steps

4. Book a program

If you and your facilitator feel that Davis is a good fit, at this point, you can **book a program** based on mutual availability.

5. Program Delivery

Your Davis program is delivered one-on-one by an expert facilitator either in person or online. Many facilitators travel to their clients.

It takes between 30-60 hours for Dyslexia, ADHD, Math programs and between 60-100+ hours for Davis Autism Approach, Davis Concepts for Life.

Note: Scheduling can vary depending upon your goals, needs, and challenges

6. Program follow-up

- Complete program follow-up work as needed

All program packages provide you with:

- Training of a support person
- All materials necessary to complete the follow-up work
- Telephone and email support post-program
- Access to follow-up review sessions (in person or online)

Contact Us

to find out more about
Davis® Programs



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**"The Davis program opens a new door on
life, but does not shut the door on the past
nor detract from the spirit of the individual."**

Abigail Marshall, from 'Autism and the Seeds of Change'