

5 common myths about dyslexia.

What you think you know, and what's actually true.

Myth #1

Dyslexia is just about letter reversals and reading backward.

Dyslexia affects far more than reading. It's a different way of processing information that shows up across multiple areas: writing, spelling, math, time management, coordination, and even attention. Some dyslexics reverse letters. Others don't. Some read backwards in their mind. Most don't. Dyslexia is about how the brain perceives and processes symbols—and that affects everything from recognizing letters to understanding time.

Myth #2

Dyslexia is a lifelong disability to be accommodated.

When dyslexia is properly understood, it reveals itself as a different thinking style with remarkable strengths. Dyslexic brains excel at: creative problem-solving, big-picture thinking, intuition, and hands-on learning. Many famous innovators—Einstein, Disney, Jobs—were dyslexic. Their genius didn't happen in spite of dyslexia. It happened because of it. The "disability" is the flip side of a gift. The goal isn't to live with dyslexia. It's to resolve the confusion that triggers the struggles—and unlock the strengths that come with this thinking style.

Myth #3

Dyslexic individuals just need to try harder.

Trying harder often makes things worse. Increased effort increases stress, which triggers more disorientation. The problem isn't lack of effort or intelligence. It's that traditional approaches fight against how dyslexic brains naturally work. Dyslexic learners are usually trying their absolute hardest. What they need is a different approach—one that works WITH their thinking style, not against it.

Myth #4

Phonics is the best approach for everyone.

Phonics works for some learners. But dyslexic brains are picture-thinkers. They see the whole image at once, not letter-by-letter sequences. While phonics focuses on sounding out words, visual-spatial learners need multi-sensory approaches that create mental pictures for words and help them control the disorientation that happens when reading. The Davis® Mastery for Dyslexia program uses techniques like Davis Symbol Mastery, which turns abstract words into 3D models the mind can grasp.

Myth #5

Progress must be slow and incremental.

With the right approach, breakthroughs can happen quickly. Students have mastered the alphabet in a single day. Reading ability has jumped several grade levels in weeks. This isn't magic. It's because when disorientation is resolved, all the learning that's already happened clicks into place. For some learners, especially older students and adults, the results are immediate and dramatic.

About the Davis[®] Mastery for Dyslexia Program

Created by a neurodivergent individual

The program uses three core techniques:

- Davis Orientation Counselling – teaches you to recognize and control disorientation instantly
- Davis Symbol Mastery – creates mental pictures for abstract words so they stick in memory
- Reading Techniques – builds speed and comprehension using your natural visual-spatial thinking

These methods work because they're built on how dyslexic brains actually think—not how educators wish they thought.

For more information, visit davismethod.com or read The Gift of Dyslexia by Ron Davis, the founder of the Davis Method.



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