

Discover the Difference:

Davis Autism Approach[®] Workshop



We understand...

Autism, and can help you unlock potential

As a dedicated **parent, educator or therapist**, are you finding it difficult to understand, connect with, or effectively support your autistic child or student?

Is your child/student experiencing frustration and overwhelm due to the challenges of sensory sensitivities, meltdowns, social interactions, and communication barriers? Are traditional approaches failing to bring about any meaningful change?

Or perhaps you are contemplating a shift in your career path towards empowering autistic individuals, of all ages, with the goal of unlocking their innate gifts... Envision a future where your contributions result in countless individuals experiencing joy and fulfillment in their lives, and acknowledge the profound impact you've made.

If you relate to any of these, you've come to the right place! At Davis, we understand autism's unique challenges and strengths because our methods were developed by an autistic genius to assist others like him. That's what makes the Davis Autism Approach® uniquely special and life-changing.



"What inspired me to help others with autism is that I am myself autistic. I know what it feels like and I know the limitations that exist as a result of it. I realized that, given I had found my own way through this chaos (of autism), I could provide a 'map' for others of my kind to follow – then there would be value in my existence. The Davis Autism Approach is my best effort at providing that map."

Ron Davis
Founder, Davis Autism Approach



What is the Davis Autism Approach® Workshop?

The **Davis Autism Approach® workshop** is designed to empower parents, family members, educators, and therapists with valuable insights into autism. It equips you with the knowledge and tools needed to effectively implement the Davis Autism Approach program with individuals on the autism spectrum who are over the age of eight.

Throughout the workshop, you'll learn how to help them address their challenges while embracing their strengths and individuality.

Say goodbye to behavioral rote learning and embark on a transformative journey created by an autistic individual. This 5-day workshop is designed to empower autistic individuals and their support network.

What you will gain

Whether you're a family member, educator, or therapist, you'll walk away with renewed confidence and a deeper understanding of how to navigate the world of autism. By the end of the workshop, while not yet an expert, you will have gained invaluable insights and tools to guide those you support through a Davis Autism Approach® Program, facilitating growth and helping them connect with the life they choose.

Insights, strategies and support for you

Attending this intensive five-day workshop will enable you to:

- Gain practical mental strategies for self-awareness, self-regulation, and managing sensory experiences, ensuring you remain calm and relaxed while working with the individual.
- Develop an understanding of how to guide individuals towards greater self-awareness and effective regulation of focus, stress, and energy levels.
- Discover effective alternatives to behaviorism and rote learning, making learning interactive, meaningful, and enjoyable.
- Understand how to empower autistic individuals to embrace their unique strengths and navigate daily challenges with resilience and confidence.
- Explore the core principles of the Davis Autism Approach® program, a uniquely explorative approach incorporating essential cognitive concepts including self, change, consequence, cause/effect, time, order/disorder, perception, emotion, motivation, responsibility, and relationship dynamics. These unlock a new understanding of the world, promoting cognitive flexibility, personal responsibility and enabling a fuller participation in life.
- Practice engaging, hands-on and FUN activities to actively create the fundamental life concepts, including our signature modeling approach in plastilina clay.
- Learn how to implement meaningful learning experiences in various settings, such as home, school, or external environments, using exploration to foster integration of conceptual knowledge into personal identity. This both ensures the learning is truly mastered and can be transferred across situations, and also enhances comprehension of the world and establishes a firm foundation for lasting positive change.
- Gain simple yet effective strategies for recognizing, establishing, and maintaining order in the physical environment and fostering personal responsibility.
- Learn techniques to facilitate positive behaviors, authentic connections, and nurturing relationships.
- Cultivate a support network of peers and professionals to share experiences and resources beyond the workshop setting.
- Begin training to become a licensed Davis Autism Approach and Concepts for Life Facilitator.

What is covered in a Davis Autism Approach® Workshop?

This comprehensive five-day workshop equips you with the knowledge and tools to confidently guide someone through the Davis Autism Program, helping them participate more fully in life in the way they choose.

The workshop covers the three-steps of the Davis Autism Program:

Step 1: Individuation and Self-Regulation

In step 1 of the Davis Autism Program, the autistic individual is supported to become more present in the world, develop accurate perception, gain an awareness of self, and develop the ability to regulate their focus, stress and energy levels.

Before starting this process, however, it is important that you as their support person are in an optimal state for yourself.

Therefore, in the workshop, you will be given a personal set of tools (mental strategies) to help you remain calm and relaxed while working with the individual. These tools enable co-regulation: the process whereby the support person can use their own sense of calmness to help the autistic individual manage their emotions, in turn fostering self-regulation skills.



"As you co-regulate with someone, the mirror neurons in their brain are activated, and this enables the person in the deregulated state to literally 'mirror' your calmness."

Caroline Leaf, PhD

Step 1 includes:

Auditory Orientation

The participant listens to a specifically engineered sound through headphones leading up to and, if necessary, during program sessions. This auditory stimulus—affectionately referred to as the 'Davis ting' was designed by Ron Davis to help each participant to develop accurate, stable perceptions. This technique can greatly enhance a person's ability to maintain a calm state of focus.

Release

A simple, effective technique to empower the individual to manage their stress and anxiety levels.

Self Awareness

Using modelling clay, the individual creates a model that represents themselves (Self). This model of Self is used in every part of the program that follows, to allow true understanding of how Self relates to all of the fundamental life concepts.

Dial

A visualization technique that enables the individual to monitor and regulate their energy levels according to any situation.



"A different but truly brilliant approach. This course has helped me appreciate the amazing gifts an autistic person has and to understand that this should be nurtured and not changed. The beauty of the course is in its simplicity."

Online Workshop Participant

Step 2: New Foundations (Identity Development)

Step 2

Once the autistic individual has developed a greater awareness of Self, established more accurate perception and is becoming more present in the world, the next step is to help them to learn fundamental life concepts that they may not have picked up previously.

Within the workshop, you will be taught how to facilitate the learning of these life concepts.

The workshop will cover how to:

- teach and actively create (using the engaging hands-on method of clay) the fundamental life concepts of:
 - change, consequence, cause and effect, before and after, time, sequence, order and disorder
 - continue, survive, perception, thought, experience
 - energy, force, emotion, want, need, intention
 - motivation, ability, control, responsibility
- Create meaningful, positive learning experiences in the home, school or external environment to actively explore these life concepts. This enables the individual to integrate their experiences into their personal identity, as a framework for understanding the world, and creates a solid foundation for stimulating positive and lasting change.
- Help an individual to establish order in their physical environment by learning how to use the concepts to establish order, determine order, and create and maintain order.
- Support an individual to develop self-responsibility. You will learn a strategy to foster self-responsibility through identifying which life concept/s are missing and thereby preventing or limiting that individual's capacity for self-responsibility.



Step 3: Building Bridges (Social Integration)

Once fundamental life concepts have been consolidated for an individual, they have the foundations on which to start building a bridge into the world of other people.

The Building Bridges stage of the program focuses on facilitating social awareness by exploring the different types of relationships and behaviors we engage in with others.

Rather than having the individual learn a set of social skills, we work with them to explore different categories of relationships and associated behaviors that can be applied across any social situation they may encounter.

In the workshop, you will learn how to facilitate social awareness by exploring the different types of relationships and behaviors we have with others. You will learn how to use the visual, hands-on technique of modelling clay to create models of Self and others within these different types of relationships.

"The Davis Autism Approach program bridges the gap between the autistic world and this big world beyond, and embraces both worlds so that they are able to work in harmony."

Juliana Edwards, Mother



What are the options for attending a Davis Autism Approach[®] Workshop?

We have experienced, skillful presenters who regularly deliver the Davis Autism Approach around the world. You can choose from two different workshop options depending on what best suits your needs.

Option 1

In-person

5
day

workshop

Attend a workshop
at a physical venue

Option 2

Online

5
day

workshop

Attend a workshop
online, from the comfort
of your home or office

**"This is a sound,
credible and
compassionate
approach to a
complex
developmental
issue."**

**Clinical psychologist/workshop
participant, Australia**

Contact Us

to find out more about the Davis Autism Approach[®]



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"The Davis program opens a new door on life, but does not shut the door on the past nor detract from the spirit of the individual."

Abigail Marshall, from 'Autism and the Seeds of Change'